



NOVEMBER 2015

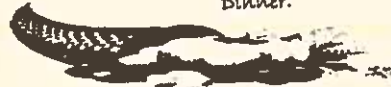
Junior High Breakfast & Lunch Menu



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Paid: \$
Reduced: \$
Adult: \$3.50
Paid Breakfast: \$2.00
Reduced Breakfast: \$
Adult Breakfast: \$2.00
Milk: \$0.50

Please Come And Join Us On November 18th.
For Our Annual Thanksgiving
Dinner.



Assorted Pizza Assorted Subs. Spicy Chicken Sandwich WG Popcorn Chicken W/ Dinner Roll Cheeseburger Seasoned Potato Wedges Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Peach Oatmeal Orange Juice / Grapes / Pineapple Chunks Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Chicken Snowbowl w/ WW Roll Hamburger Seasoned Potato Wedges Fresh Fruit & Vegetable Bar Variety of Milk Breakfast WG Chocolate Chip Muffin Apple Juice / Pears / Fresh Oranges Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Seasoned Beef Quesadillas Cheeseburgers Seasoned Potato Wedges Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Honey Glazed Chicken Biscuit Sandwich Grape Juice / Mandarin Orange / Apples Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Homemade Marinara & WW Spaghetti w/ Meatballs Seasoned Potato Wedges Fresh Fruit & Vegetable Bar Variety of Milk Breakfast WW Ham & Cheese BK Quesadilla Apple Juice / Pears / Oranges Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Seasoned Chicken & Noodles w/ WW Roll Green Beans Fresh Fruit & Vegetable Bar Variety of Milk Breakfast WG Cinnamon Roll W/ Icing Orange Juice/ Apples / Mixed Fruit Assorted Low Sugar Cereal
Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Cheeseburger Crispy Orange Chicken w/ Seasoned Brown Rice Fresh Fruit & Vegetable Bar Variety of Milk Breakfast WG Pancakes Orange Juice / Apples / Pears Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Hamburger Homemade Chicken Burrito Creamed Spinach Fresh Fruit & Vegetable Bar Variety of Milk Breakfast WG Blueberry Muffins Apple Juice / Fresh Pears / Peaches Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Savory Beef Fajitas w/ WW Tortillas Cheeseburgers Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Berry Yogurt Parfaits w/ Graham Crackers Orange Juice / Bananas / Applesauce Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Hamburgers Seasoned Beef Nachos Seasoned Potato Wedges Fresh Fruit & Vegetable Bar Variety of Milk Breakfast WG Ham & Cheese Muffin Apple Juice / Fresh Apples / Diced Pears Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Cheeseburgers Cheesy Layered Beef Lasagna w/ Breadstick Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Baked French Toast Sticks Orange Juice / Fresh Pears / Peaches Assorted Low Sugar Cereal
Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Cheeseburger Seasoned Chicken & Noodles w/ WW Roll Fresh Fruit & Vegetable Bar Variety of Milk Breakfast WG Pancakes Orange Juice / Fresh Pears / Peaches Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Hamburgers Fajita Chicken & Country Baked Potato w/ WG Biscuit Fresh Fruit & Vegetable Bar Variety of Milk Breakfast WG Blueberry Muffins Apple Juice / Fresh Apples / Diced Pears Assorted Low Sugar Cereal	Roasted Turkey w/ WG Stuffing & Roll Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Green Bean Casserole Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Bean & Cheese BK Tacos Bananas / Orange Juice / Diced Pears Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Seasoned Pulled Beef & Country Baked Potato w WG Biscuits Seasoned Potato Wedges Fresh Fruit & Vegetable Bar Variety of Milk Breakfast WG Sausage & Cheese English Muffin Apple Juice / Fresh Pears / Applesauce Assorted Low Sugar Cereal	Assorted Pizza Assorted Subs. Spicy Chicken Sandwich Cheeseburgers Homemade Seasoned Beef Macaroni w/ WW Roll Fresh Fruit & Vegetable Bar Variety of Milk Breakfast Baked French Toast Sticks Orange Juice / Fresh Pears / Peaches Assorted Low Sugar Cereal



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